

# Anti-bullying information for pupils

The school's Anti-Bullying Policy can be found on our [school website](#).

**Please encourage your parents/carers to read this policy  
and discuss it together.**

What should you do if anyone is treating you  
in a way that is making you unhappy?

## Talk

- Talk to your teacher.
- Talk to your PSA
- Talk to the office staff or janitor.
- Talk to any adult volunteer
- Talk to someone at home.
- Talk to a Defender or a friend.



**THEY ALL KNOW HOW TO HELP.**

## Don't put up with bullying behaviour

- If the bullying behaviour you experience makes you unhappy and you do nothing about it, they may continue to behave in that way, or their behaviour towards you may get worse.
- All of the staff in school will support you. We understand that telling can be very difficult. The person displaying bullying behaviour may rely on you being too scared to tell.
- Parents and carers also know that bullying is hard to report, but they will support you.

## What will happen if you report a bullying situation?

- We will listen to you and take notes.
- We will explain what we plan to do.
- We will take action that we believe to be in your best interest.
- We will make a record of the incident(s).

## What should you do if the bullying behaviour doesn't stop?

- Re-report. If the person displaying bullying behaviour has been told to stop their behaviour towards you, but does not stop, we need to know about it.
- Re-reporting is the key to making sure that it stops.
- If we know that bullying has continued, we are in a strong position to take serious action. We need to know!
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## What should I do if I want to change the way I behave towards others?

- Speak with your teacher, Head Teacher or Depute Head Teacher, or any other member of staff you trust.
- Help is available for you and can make a real difference.

**The above advice is the same for all types of bullying. Your teacher will discuss bullying and the school policy in class. There are lots of websites which can help you, but reporting bullying is the best action you can take.**