

Stay Safe Online

for Middle Years



- 1 Keep your personal information safe.
- 2 Protect your password.
- 3 Remember that not everyone online is who they say they are.
- 4 Never agree to meet up with anyone you have met online.
- 5 Never open emails from people that you don't know.
- 6 Check your privacy settings.
- 7 If you use social networking sites, remember that it's not a game to add as many people as you can to look more popular!
- 8 Think carefully before uploading photos.
- 9 Always ask permission to use the Internet and ask an adult which websites you can visit.

10 If you see anything on the Internet that makes you feel uncomfortable, tell an adult that you trust.



I need to make up a password but I'm not very good at remembering things.

Do you think it would be OK to use my name?



Using your name for a password might make it easy for people to guess what it is and start using it.

Why not mix capital letters and numbers together to make a password?



How often do you think Klara should change her password? Why?

Meg and Chip have been asked to create a list for the other students, containing rules you should remember when using instant messaging and social networking sites.



Can you come up with five rules you should follow?

Internet safety rules:

1. Don't give out personal information such as your address and telephone number.
2. Always check with an adult before posting pictures of yourself or others online.
3. Don't respond to any messages that are mean or in any way make you feel uncomfortable. Always tell an adult!
4. Always be careful with what you say to others online. Never say something hurtful, even if it's a joke.
5. Remember that anything written online is permanent!

Can you think of any consequences of not following these rules?