



AGES 9-14

Learn to Lead

Summer Camp
Monday to Friday 4th - 8th July
9am - 12.30pm
NESCO's Aberdeen City Campus

- Learn how to use gym equipment safely
- Weekly challenges to develop health and fitness
 - Small, fun tournaments and competitions
 - Basic fitness testing
- Develop leadership skills and self confidence

£35 for the week (fee waiver may be available)
For more information or to book a place,
contact centraladmin@nescol.ac.uk

DODGEBALL
BASK ETBALL
KICK BOXING
FOOTBALL
AND MORE!



AGES 9-14

Learn to Lead

October Camp
Monday to Friday 17th - 21st October
9am - 12.30pm
NESCO's Fraserburgh Campus

- Learn how to use gym equipment safely
- Weekly challenges to develop health and fitness
 - Small, fun tournaments and competitions
 - Basic fitness testing
- Develop leadership skills and self confidence

£35 for the week (fee waiver may be available)
For more information or to book a place,
contact centraladmin@nescol.ac.uk

DODGEBALL
BASK ETBALL
KICK BOXING
FOOTBALL
AND MORE!