

### **Inchgarth Community Centre**

## **Kids Groups & Activities**

Monday		
Time	Activity	Booking
4.30-5.30pm	Kids Capoeira	Call 07563 002500
5.00-6.00pm	Young Knitters Group	Call us on 01224 325191
5.00-6.00pm	Gaming Club (Age 7-12)	inchgarthcc1@btinternet.com
6.00-7.00pm 7.00-8.00pm	AKKG Kickboxing Age under 13 Age13+ & adults	adammilne@hotmail.co.uk Or Tel 07810 432974

Tuesday		
Time	Activity	Booking
10.00-11.00am	Pre-school French (Age 2-5)	Call 07859036569
4.00-5.00pm	Kids Drawing Class	Call 01224 325191
3.30-4.30pm	Zumba (P1-5)	Call 01224 325191
6.00-7.00pm Guitar lessons inchgarthcc1@btinternet.com		inchgarthcc1@btinternet.com
5.00-6.30pm Saxophone lessons Call 01224 325191		Call 01224 325191
6.30-8.30pm	Aberdeen Aikido Club (Age 12+)	admin@aberdeenaikido.co.uk

Wednesday		
Time	Activity	Booking
3.30-4.30pm	Children's Athletics with Aberdeen Amateur Athletic Club	pathways@aberdeenaac.co.uk
4.00-4.45pm	Free violin lessons	inchgarthcc1@btinternet.com
4.00-5.00pm 5.00-6.00pm	Drawing class (Age 8+)	Call 01224 325191
4.00-4.40pm 4.50-5.30pm 5.40-6.20pm	Ultimate Judo Age 4-8 Age 9+ Age 4-8	Call Gordon 07827 445514 (ages are a guide only)

Thursday		
Time	Activity	Booking
9.30-10.50am	Toddlers Group	inchgarthcc1@btinternet.com
4.00-7.00pm	Free Drumming Classes (Age 7+)	Call 01224 325171
4.00-5.30pm	Kids Science Club with Aberdeen science Centre inchgarthcc1@btinternet.com	
5.00-6.00pm	Denis Law RGU Streetsports	For Garthdee children only Drop in
7.30-9.30pm	Dezibels samba drumming Age 10+	Call Bev on 07759 507780
5.00-6.00pm	Kids cheer and pom pom	emmawebster21@hotmail.co.uk or 07511810504
5.30-6.10pm 6.15-6.55pm 7.00-7.55pm	Rhythm Nation hiphop/street dance Age 3-5 Age 5-7 Age 8-11	Book at info@rhythmnationdance.co.uk
6.15-7.00pm	Guitar group lessons	Call 01224 325191
7.00-7.45pm	Free guitar lessons (Age 7+)	Call 01224 325191

Friday		
Time	Activity	Booking
3.45-4.25pm 4.35-5.20pm 5.30-6.15pm	Ultimate Judo Age 4-8 Age 9-12 Age 12+	Call Gordon 07827 445514 (ages are a guide only)
4.00-5.00pm	Youth Club	inchgarthcc1@btinternet.com
4.00-6.00pm	Saxophone lessons	volunteerinchgarth@gmail.com
5.00-9.00pm	Drumming lessons	theaveragedrummerstudio.gmail.com
6.30-8.30pm	Aberdeen Aikido Club (Age 12+)	admin@aberdeenaikido.co.uk

Saturday		
Time	Activity	Booking
9.00-9.40am 9.50-10.35am 10.45-11.25am 11.35-12.15pm	Ultimate Judo Age 4-8 Age 9-11 Age 12-15 Age 4-8	Call Gordon 07827 445514 (ages are a guide only)

Saturday (cont)		
Time	Activity	Booking
10.00-12.00noon	Free keyboard classes (Age 7+)	Call us on 01224 325191
11.30-1.30pm	Birthday party hire	Call us on 01224 325191
2.00-3.00pm	Free Djembe African drumming for parents & children	Call 01224 325191 inchgarthcc1@btinternet.com
2.30-4.30pm	Birthday party hire	Call us on 01224 325191

Sunday		
Time	Activity	Booking
10.30-12.30pm	Birthday party hire	Call us on 01224 325191
1.30-3.30pm	Birthday party hire	Call us on 01224 325191

#### **Pool & Snooker**

Mon	10.00am-5.00pm
Tue	10.00am-5.00pm
Thu	10.00am-5.00pm
Fri	10.00am-12 noon
Sat	9.00am-2.00pm
Sun	10.00am-9.00pm

In addition to the outside Pool Tables in our Playpark, you can enjoy playing Pool in our Pool and Snooker room. (Snooker reserved to Age 16 onwards). Kids must be accompanied by an adult if under 16.

### **Fitness Gym**

Mon	9.30am-9.30pm
Tue	10.00am-9.30pm
Wed	9.30am-10.00pm
Thu	9.30am-9.30pm
Fri	10.00am-9.00pm
Sat	9.00am-2.30pm
Sun	10.00am-10.00pm

Our fully equipped gym is open to teenagers starting from age 13. They will need to be accompanied by an adult at all times until they are 16. Gym membership is £30, including the £10 Inchgarth Membership.

# Outdoor playpark open every day

Inchgarth Community Centre, Aboyne Place, Garthdee, Aberdeen, AB10 7DR Tel 01224 325191 email inchgarthcc1@btinternet.com

