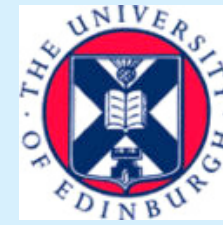


Parent Webinar



THE UNIVERSITY *of* EDINBURGH

Parenting Pre-teens and Teens: What We Can Learn from Evidence-Based Research

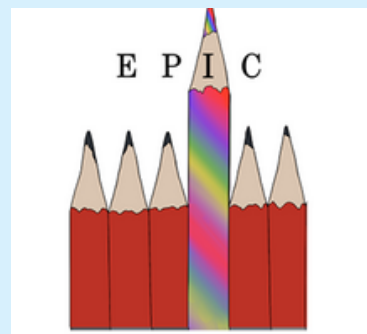
- **Dr Vilas Sawrikar, Lecturer in Clinical Psychology**
 - Dr Vilas Sawrikar will talk about supporting parents of adolescents and children in managing noncompliant behaviour and enhancing the quality of parent-teens relationship.
- **Claire Tai, PhD researcher**
 - Claire Tai will talk about how might parents' thinking, such as parents' expectations, parents' attributional style, and parents' beliefs about teens' emotions, make differences to teens' wellbeing and stress-coping.
- **Dr Sinead Rhodes, Senior Research Fellow**
 - Dr Sinead Rhodes will talk about how to use Edinburgh Psychoeducation Intervention for Children (EPIC) activities to support thinking, learning, and wellbeing in children and young people with additional support needs (e.g. autistic, ADHD, Dyspraxia/DCD).

Date: Wednesday, the 22nd of March, 2023

Time: 7:00 pm - 8:00 pm

Click the Link To Register:

<https://ParentingWebinarEdinburgh.eventbrite.co.uk>



Edinburgh Psychoeducation
Intervention for Children
and Young People



Parents and Adolescents
Wellbeing Project

